

## CHAPTER V

### CONCLUSION AND SUGGESTIONS

#### 5.1 Conclusion

Adolescents experience a variety of things during their phase of identity exploration. Having a variety of personalities and roles, needing approval from peers, going through puberty, and dealing with some social and behavioral issues are a few of them. This movie depicts the challenges that adolescents encounter and how they handle them. The scenes that show the characters' personalities, actions, and behaviors give viewers more understanding of how adolescents experience this phase.

The Edge of Seventeen is a coming-of-age drama movie directed by Kelly Fremon Craig that was released in 2016. This movie follows the story of the main character, Nadine Franklin. As she progresses through her junior year, the main character Nadine is portrayed as an outlier in comparison to other students who never seem to figure out life and wind up in the middle of everything and everyone. This movie renders a big deal out of the discomfort and angst of adolescence, which everyone has gone through in some way. We've all been in Nadine's shoes at some point in our lives—unable to move on from mental changes, interpersonal issues with our families, or other issues.

This research aims to analyze the state of depression using the Cognitive Triad of Depression theory by Aaron Beck. In addition, the writers also want to determine

other psychological disorders that were experienced by the main character of the movie, Nadine Franklin using the List of Psychological Disorders theory by Kendra Cherry.

Based on the data analysis in the previous chapter, the writer draws a conclusion that by seeing Nadine Franklin's behavior in the movie shows how her state of depression is very much in line with Aaron Beck's Cognitive Triad of Depression theory. According to his theory statement, depression is triggered by three distinct mechanisms or patterns. People who have negative beliefs or schemas about themselves, the world, or the future are more likely to experience depression. Throughout the whole movie, Nadine always faced each of these patterns as she constantly had a negative view of herself, of the world, and of the future.

In addition, the writer also analyzed if there are any other psychological disorders outside the depression that was experienced by Nadine. The writer used Kendra Cherry's List of Psychological Disorders theory and found the psychological disorders represented the symptoms of what Nadine was going through. According to the writer's analysis findings, there are four kinds of psychological disorders (outside the depression) that the character Nadine Franklin experienced. The four of those are Attention Deficit Hyperactivity Disorder (ADHD), Anxiety Disorder, Post Traumatic Stress Disorder (PTSD), and Depersonalization Disorder.

## 5.2 Suggestions

Following the completion of the analysis, the author would like to offer a few suggestions that could be taken into account by readers and future researchers.

a). Students in the English Literature Department who are interested in researching the psychological aspects of a particular movie character or other subjects that are still connected to character and characterization may find this study to be a useful resource. The writer suggests for the next researchers to enrich on theories and sources for educational values.

b). The writer hopes that the reader will be able to learn more about the traits of psychological disorders displayed in fictional characters in prose, drama, and novels as a result of this thesis. The findings of this study are anticipated to serve as a resource for anybody looking to analyse *The Edge of Seventeen* or other movies that deal with similar topics.