

## CHAPTER V

### CONCLUSION AND SUGGESTIONS

#### 5.1 Conclusion

Horror is one of the most popular movie genres. Horror movies have various subgenres. One of them is psychological horror. Psychological horror is a horror and psychological fiction subgenre that focuses on the audience's mental, emotional, and psychological states in order to frighten or upset them. At first, psychological horror always raised stories about aliens, monsters, and other similar creatures. Over time, psychological horror focuses more on stories where the mental state of a character causes the audience to feel afraid and disturbed. This type of horror movie never shows any ghosts like other horror movies.

*Orphan* is a psychological horror movie directed by Jaume Collet-Serra, who is known for his various horror movies. This movie was released in 2009, telling about a couple, Kate (Vera Farmiga) and John (Peter Sarsgaard), who adopts a nine-year-old girl, Esther, after the mother experiences a miscarriage. What makes this story interesting is the fact that Esther is a very mysterious child. When she first arrived at Kate and John's house, Esther looked like a kind and innocent girl. However, strange events one by one appear in their family.

This research aims to prove whether Esther, the main character, is really a psychopath based on the Hare Psychopathy Checklist (PCL). In addition, the writer also wants to show what self-defense mechanisms are used by the main character in the film *Orphan*. The writer uses two theories that can help. The first is the Hare

Psychopathy Checklist and the second one is the psychoanalysis theory by Sigmund Freud.

As explained elaborately in Chapter IV, hence, the writer can answer the research problems composed, concluded as follows. First, from a total of 22 Hare Psychopathy Checklist (PCL) items, the writer found 12 behaviors shown by Esther, namely glibness or superficial charm, previous diagnosis as psychopath or similar, egocentricity or grandiose sense of self-worth, pathological lying and deception, lack of remorse or guilt, lack of affect and emotional depth, callous or lack of empathy, parasitic lifestyle, short-tempered or poor behavioral controls, early behavior problems, impulsivity, and failure to accept responsibility for own actions. If each item has evidence that is given a value of 2, then Esther's total score reaches 24. Based on the theory, if someone passes 22 then it is said that the person is a psychopath.

Second, the writer discovered two types of self-defense mechanisms that Esther used while in *Orphan*. There is denial and regression. Every evidence attached to support the writer's findings is in the form of snippets and dialogues. This is in line with the theory of *mise-en-scene* which is commonly used to analyze movies.

In conclusion, the main character in the film *Orphan* is the thing that stands out the most. By using the Hare Psychopathy Checklist theory, the writer can prove anything that makes Esther a psychopath. The use of psychoanalysis theory, specifically about self-defense mechanisms, is also the right choice. Many people

do not realize that they are doing self-defense to cover themselves from the problems or fears they face. As someone who covers things up, Esther certainly uses some self-defense in her daily life.

## **5.2 Suggestions**

Based on the whole discussion of this study, there are several suggestions offered by the writer. The suggestions are addressed to the English Letters Study Program, future researchers, and general readers.

### a) For English Letters Study Program

Based on the writer's difficulties to find the light theories about psychopathy behavior and horror movies, the writer expects the English Letters Study Program could give the students more insights and general knowledge. In this case, the lecturers might want to give some credible sources to read (i.e. journals, e-books, or else) so the students could learn it independently and grasp particular understanding that might be useful later on.

### b) For future researchers

Discussions about characterization, characterization, and psychopathy are ultimately broad. In addition, the important thing to note in this research is that it only focuses on discussing the character and her behavior shown in a film. Therefore, future researchers who are interested in doing similar or related topics may want to explore more about the previously presented theories or find other theories of psychopath behavior. It is intended that the research of future researchers is rich and carried out well as expected.

c) For general readers

The writer suggests that the general readers be analytical and open-minded in reading this research. In other words, all the author's discussion is not to judge whether certain things are always true compared to other alternatives. However, all the results presented in this study are basically derived from the author's personal analysis and interpretation, supported by the related theories used and other credible sources of information that the authors found.