

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Human development must be influenced by both individual and social phenomenon during the phases of life (Berger, 2016, p. 1). Although everyone has their own life principles and desires, people tend to unconsciously change their mind or even attitude because they concern to other people's opinions as well as others' expectations. In the process of observing any traits of human behavior along with its development, literature helps people to recognize almost every aspect of life. Literary work enables people to imagine through every word and visual that are arranged and built throughout the storyline.

With the aim of gaining more insight about human behavior and attitudes in responding to situation and dealing with unexpecting reality, the writer decided to conduct descriptive qualitative research to explore the core issues of Sakura Yamauchi, the secondary character of a novel entitled *I Want to Eat Your Pancreas* written by Yoru Sumino (2015). The writer used several supporting theories such as Character and Characterization, Human Behavior, Motives, and Psychoanalysis theory to support the arguments and find the answers of the problem statements formulated in Chapter 2.

In the process of exploring the core issues of Sakura Yamauchi, the writer started with observing the representation of Sakura Yamauchi in the novel. The writer found that Sakura Yamauchi is a deuteragonist, which can be defined as the

secondary character who is very close to the protagonist. As a deuteragonist, Sakura Yamauchi shows unique and unexpected attitudes that unconsciously bring out the qualities of Haruki Shiga's character along with its development from one scene to another. Based on the qualities and the motivation, Sakura Yamauchi can be categorized as a caregiver and a jester, which are shown from the way Sakura Yamauchi helps other people around her and give much love and care along with the way she lives her life to the fullest. Sakura Yamauchi always wants to leave good impression to everyone she meets and talks to.

After explaining the representation of Sakura Yamauchi, the writer continued to observe Sakura Yamauchi's reaction after she found out about her terminal illness. Sakura Yamauchi is fully aware of her health condition and try to be honest to herself. Sakura Yamauchi shows conscious behavior where she does not try to deny the truth, but she wants to make her life more meaningful by doing things she can do to make everyone feel comfortable and happy. Different with other people who are diagnosed with other terminal illnesses, Sakura Yamauchi does not plan to spend the rest of her life with her closest friend and family, she prefers to get along with Haruki Shiga, the stranger, to spend her limited life with happiness. The writer found the basic motive of those kinds of attitude and decision are categorized as Achievement motive, where Sakura Yamauchi has desires to achieve certain goals, which in this case is pleasing everyone without any depressed feelings (Sharma, 2015). Her health condition motivates Sakura Yamauchi to do better and improve her performance of bringing good atmosphere to her surroundings.

The analysis above is done in order to help the writer in figuring out the core issues of Sakura Yamauchi, which leads the writer to find the self-defense mechanisms employed by Sakura Yamauchi to survive and control her emotion, feeling, and decision while experiencing the core issues. The writer found that Sakura Yamauchi experiences the fear of engulfment, which is shown by the way she applies avoidance as her self-defense mechanism. Sakura Yamauchi feels restricted and depressed right after she found out about her terminal illness. This fact makes her parents become more protective and emotional in responding all the things related to Sakura Yamauchi and her disease. Her parents' attitude makes Sakura Yamauchi feels so small and does not confidence about herself. She feels like she is losing herself every time she interacts with people who knows about her pancreatic disease. This also arises the fear of intimacy, which makes Sakura Yamauchi prefers to not being too close to people who cannot respond to her condition properly. She is afraid of being treated as a weakling by someone who is close to her. But since Haruki Shiga shows none of those kind of responses, Sakura Yamauchi is impressed and feels comfortable being closer to Haruki Shiga. It makes Sakura Yamauchi thinks that she has found the right person to get along with. Another core issue experienced by Sakura Yamauchi is low self-esteem. This type of core issues makes Sakura Yamauchi feels like she does not deserve to receive all the loves and happiness. She becomes powerless and believes that no one can ever change everything that will happen in the future, including her fate of suffering from terminal illness. This core issue motivates Sakura Yamauchi to please everyone around her. She decides to replace everyone's happiness as the

most important thing that should be fulfilled rather than thinking about herself, which might remind her about the unexpected feelings due to her health condition. The writer also found other types of self-defense mechanisms employed by Sakura Yamauchi such as selective perception, where she tries to choose to hear and see only things that she can handle (Tyson, 1998, p. 15). Sakura Yamauchi also applies sublimation in order to redirect all the unpleasant feelings into other activities to recharge her excitement. The last type of self-defense mechanisms is reaction formation, where Sakura Yamauchi tries to act normally, which is the opposite of her true feelings and condition.

This study gives the writer insights about how human will react on particular circumstance, especially the unexpected one. Human will show so many different expressions and responses, which actually indicate their true feelings inside. The unexpecting and unpleasant experiences might be the cause behind any types of core issues experienced by them. In responding to the core issues, some people try to be honest with themselves so they can go through it without any regret and become stronger. On the other hand, there are also those who choose to deny reality and try to forget and even throw away the feelings or problems without trying to resolve or to make peace with the situation, which can be categorized as self-defense mechanism. But eventually, it all comes from their own decisions and motives, whether it is coming from those who decide to stick with their life principle, or those who choose to be affected and do what others think is acceptable. Completing this study makes the writer realized that everything happens for some

reasons and causes, which can be explored from one's behavior, decision, and motivation in doing anything.

5.2 Suggestion

In this section, the writer proposed several suggestions according to the result of this study. The suggestions below were addressed to three parties: English Letters Study Program, the future researchers, and the readers.

Based on the writer's experiences in the process of completing this study, the writer found it unfamiliar when it comes to certain critical theories such as human behavior and psychoanalysis theory. The writer assumed that it would be better if English Letters Study Program could facilitate the students by providing more suggestions about the sources of the theories, which would enable the students to gain the references easier and did not take time too long for it.

For the Future Researchers who have interest in this kind of study, they might be able to try finding other areas of work that can be explored. The writer suggested the future researchers to try exploring the cultural elements that might exist in literary works. Since each literary work applies different place and region as the setting, the characters in the literary work must be created while considering the cultural elements of a country that is chosen as the setting of the story. These characters must have certain habits and attitudes that differ them from another. Therefore, the writer considered this area quite interesting to be explored further, since we can learn to explore a character by paying attention to the other side of the

character, which is the cultural element that will influence the character's behavior and attitude as well.

This study was conducted in order to share insights and other important things of this literary work to the Readers. The writer wanted to let the readers know that a literary work could be enjoyed not only from the appearances and the conversations of characters that were visualized and written by the author. A literary work enables us to figure out something that have not been thought of before. In this case, the writer wanted to share her opinion about the novel *I Want to Eat Your Pancreas*, which was not only to entertain the audience with its love storyline between the protagonist and the deuteragonist, but also to explore the importance, qualities, as well as the development and conflict experienced by each role.